

"I have been a type 1 diabetic for over 20 years and although there are always challenges to endure, I feel much more prepared for those challenges with Dr. Mintz by my side. Since working with Dr. Mintz over the past few years I have gotten my A1C under a 6.0 and have lowered my cholesterol. Excitedly, I also recently gave birth to my first child, a very healthy and happy baby boy, and I thank Dr. Mintz for not only preparing me for pre-pregnancy but being a great support system throughout the pregnancy. Dr. Mintz also helped prepare me for my delivery by assisting me in writing a birth plan that was specific to my needs and the insulin pump that I am currently using. Because of this birth plan I felt less stress during one of the most important days of my life. The staff is also extremely helpful and friendly which is very important when you are dealing with your health. I would recommend this office with 100% certainty."

-D.D.

" I can't say enough good things about Dr. Mintz and her professional staff. Her office cares about each and every patient; you are not just a patient number you are a person with a name. When you call the office you get a very pleasant and caring staff member not a directory of numbers to push and hope that someone answers. Living with diabetes is not fun, but Having Dr. Mintz as your doctor is what makes living each and every day worth a million **sugar free** smiles."

-M.C.

"Less than two years, I walked into Dr. Mintz's office an obese, tired hypothyroid, Type II fairly recently diagnosed diabetic, with an A1C over 11 that was not improving. I felt hopeless, had a dozen pill bottles on my kitchen table that I didn't understand why I was taking, and a blood glucose monitor from another physician's office that I was embarrassed to say I had never been shown how to read. On that first appointment, Dr. Mintz spent over an hour with me explaining details of my diagnosis, as well as planning out a strategy of treatment for me. Not too many doctors these days will spend that kind of quality time with a patient but she did -- and when I left her office -- I felt empowered and had new realization. Today, after working with her and listening to her, I am 80 pounds thinner, have an A1C of 5.5 and am using a lot less medication! I am now active and energetic and have this wonderful doctor to thank."

-F.R.

